LOAMO PRE & PRIMARY SCHOOL, ARUSHA

Pre-School and Early Years: daily routine 2027

One routine for all three early-years levels: Daycare / Creche (2–3 yrs), Nursery / KG 1 (3–4 yrs), and Pre-Unit / Prep (4–5 yrs).

07:30 – 08:15 AM

Arrival, Warm Welcome & Free Discovery Play

Gentle transition from home to school. Hand-washing, sensory manipulative table toys, puzzles, building blocks, and individual emotional check-in with early years caregivers.

08:15 – 08:50 AM

Circle Time, Phonics & Oral Storytelling

Morning songs, calendar discussion, weather check, phonemic awareness, rhyming stories in Kiswahili and English, and confidence-building show & tell.

08:50 – 09:30 AM

Playful Numeracy & Logic Exploration

Sorting beads, counting real objects, pattern making, shape recognition, comparing sizes (big/small, tall/short), and sensory counting rhymes.

09:30 – 10:10 AM

Creative Expression & Fine Motor Skills

Crayon grip practice, finger painting, playdough modeling, tearing and pasting, tracing pre-writing lines, and rhythmic percussion instruments.

10:10 – 10:50 AM

Hygiene Routine & Nutritious Morning Tea

Structured hand washing with soap, table manners, healthy porridge/milk and wholesome fruit snacks, guided toilet training, and hydration.

10:50 – 11:30 AM

Outdoor Gross Motor & Sensory Nature Walk

Playground climbing frames, balance beams, tricycle riding, sandpit exploration, ball rolling, nature spotting (trees, flowers, birds), and fresh air physical coordination.

11:30 – 12:15 PM

Early Language Enrichment (French & Mandarin Songs)

Interactive multimedia songs, animal sounds, basic greetings in French (Bonjour, Merci) and Chinese (Ni Hao, Xiexie), and animated Kiswahili folklore.

12:15 – 01:15 PM

Fresh Balanced Lunch & Oral Hygiene

Warm, chef-prepared balanced lunch (vegetables, proteins, carbohydrates), self-feeding practice, teeth cleaning / mouth rinsing, and hand hygiene.

01:15 – 02:30 PM

Rest, Rejuvenation & Quiet Nap Time

Comfortable, clean sleeping cots in quiet, temperature-controlled rest rooms with soft lullabies. Essential for cognitive brain development and emotional restoration.

02:30 – 03:15 PM

Afternoon Snack, Puppet Story & Closing Circle

Wake up stretch, refreshing juice and snack, puppet theater recap of the day's learning, tidy-up song, packing backpacks, and joyful dismissal to parents or school transport.

LOAMO PRE & PRIMARY SCHOOL, ARUSHA

Grade I & II timetable 2027

Lessons run from 08:10 AM to 03:30 PM.

DAYS	GRADE	1 08:10 – 08:50	2 08:50 – 09:30	3 09:30 – 10:10	4 10:10 – 10:50	Break	5 11:10 – 11:50	6 11:50 – 12:30	7 12:30 – 01:10	Lunch	8 02:00 – 02:40	9 02:40 – 03:30
MONDAY	Grade I	R/S	ARTH	W/S	S/RS	Break 10:50 – 11:10 AM	S/K	ART	L/S	Lunch 01:10 – 02:00 PM	FRN	CHN
	Grade II	R/S	ARTH	W/S	S/RS		S/K	ART	L/S		CHN	FRN
TUESDAY	Grade I	ARTH	R/K	W/S	ARTH		R/S	S/K	L/S		FRN	IT
	Grade II	ARTH	R/K	W/S	ARTH		R/S	S/K	L/S		CHN	FRN
WEDNESDAY	Grade I	W/S	ARTH	R/S	S/K		ART	C.H.E	L/S		ABACUS • ACADEMIC QUIZ • DEBATE / MDAHALO	
	Grade II	W/S	ARTH	R/S	S/K		ART	C.H.E	L/S			
THURSDAY	Grade I	ARTH	W/S	S/K	R/S		ARTH	S/RS	S/RS		RELIGIOUS EDUCATION (MORAL & FAITH FORMATION)	
	Grade II	ARTH	W/S	S/K	R/S		ARTH	S/RS	S/RS			
FRIDAY	Grade I	W/S	ARTH	R/S	C.H.E		R/S	IT	CHN		SPORTS & GAMES, CONFIDENCE & TALENT BUILDING	
	Grade II	W/S	ARTH	R/S	C.H.E		R/S	IT	IT			

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Grades III to VII timetable 2027

Lessons run from 08:10 AM to 03:20 PM. A dash means there is no lesson in that slot.

DAYS	GRADE	1 08:10 – 08:50	2 08:50 – 09:30	3 09:30 – 10:10	4 10:10 – 10:50	Break	5 11:10 – 11:50	6 11:50 – 12:30	7 12:30 – 01:10	Lunch	8 02:00 – 02:40	9 02:40 – 03:20
MONDAY	Grade III	MAT	HTM	HTM	ENG	Break 10:50 – 11:10 AM	FRN	G/E	KISW	Lunch 01:10 – 02:00 PM	SCIE	SAC
	Grade IV	KISW	ENG	ENG	MAT		MAT	DSA	IT		SCIE	HTM
	Grade V	MAT	KISW	HTM	FRN		G/E	SCIE	ENG		SAC	ENG
	Grade VI	ENG	ENG	MAT	MAT		KISW	C/M	SST		V/S	S/TECH
	Grade VII	MAT	MAT	ENG	ENG		S/TECH	KISW	KISW		C/M	SST
TUESDAY	Grade III	SCIE	FRN	MAT	LIB		KISW	HTM	HTM		SAC	G/E
	Grade IV	MAT	KISW	SCIE	G/E		HTM	FRN	ENG		G/E	SAC
	Grade V	ENG	MAT	KISW	MAT		G/E	HTM	FRN		HTM	SCIE
	Grade VI	SST	KISW	ENG	ENG		MAT	MAT	C/M		S/TECH	S/TECH
	Grade VII	ENG	ENG	MAT	C/M		S/TECH	V/S	S/TECH		KISW	KISW
WEDNESDAY	Grade III	MAT	SCIE	IT	ENG		HTM	G/E	KISW		ABACUS • ACADEMIC QUIZ • DEBATE / MDAHALO	
	Grade IV	KISW	HTM	MAT	SCIE		ENG	CHN	SAC			
	Grade V	MAT	KISW	SAC	SCIE		LIB	ENG	IT			
	Grade VI	MAT	KISW	KISW	S/TECH		V/S	ENG	C/M			
	Grade VII	KISW	ENG	ENG	MAT		C/M	S/TECH	S/TECH			
THURSDAY	Grade III	MAT	MAT	G/E	SCIE		ENG	SAC	KISW		RELIGIOUS EDUCATION (MORAL & SPIRITUAL FORMATION)	
	Grade IV	KISW	ENG	SAC	HTM		MAT	G/E	SCIE			
	Grade V	MAT	KISW	SCIE	G/E		HTM	SAC	ENG			
	Grade VI	C/M	SST	MAT	KISW		ENG	ENG	S/TECH			
	Grade VII	ENG	ENG	KISW	C/M		SST	MAT	LIB			
FRIDAY	Grade III	KISW	ENG	MAT	SAC		ENG	MAT	CHN		SPORTS & GAMES, CONFIDENCE & TALENT BUILDING	
	Grade IV	KISW	HTM	LIB	ENG		MAT	G/E	FRN			
	Grade V	HTM	MAT	KISW	SAC		FRN	CHN	LIB			
	Grade VI	MAT	SST	LIB	—		KISW	CME	—			
	Grade VII	SST	MAT	SST	V/S		C/M	LIB	—			

LOAMO PRE & PRIMARY SCHOOL, ARUSHA

Subject codes and bell times

Grade I & II subject codes

R/S	**Reading Skills (Kusoma)** English phonics, word decoding, sight words, reading fluency and comprehension.
R/K	**Reading Kiswahili (Kusoma Kiswahili)** Sauti za herufi, silabi, maneno, na kusoma hadithi fupi za Kiswahili.
W/S	**Writing Skills (Kuandika)** Letter formation, handwriting posture, spelling, sentence writing and punctuation.
ARTH	**Arithmetic / Numeracy (Kuhesabu)** Number operations (+, −, ×), place value, mental math, money, and time.
S/RS	**Science Related Studies (Afya na Mazingira)** Living things, sensory organs, personal cleanliness, safe water, and natural world.
S/K	**Stadi za Kiswahili (Kiswahili Skills)** Kusikiliza, kuzungumza, sarufi ya awali, msamiati, na methali/vitendawili rahisi.
ART	**Art & Craft (Sanaa na Uumbaji)** Drawing, coloring, collage, local weaving, creative modeling, and music.
L/S	**Language Skills (Oral Communication)** Oral expression, active listening, dialogue, etiquette, and vocabulary expansion.
C.H.E	**Care, Health & Environment (Kutunza Mazingira)** Hygiene habits, waste management, school tree planting, first aid awareness.
FRN	**French Language (Kifaransa)** International language: greetings, numbers, family members, songs & culture.
CHN	**Chinese Language (Kichina - Mandarin)** Pinyin basics, strokes, conversational etiquette, numbers, and cultural games.
IT	**Information Technology (TEHAMA)** Computer parts, mouse control, keyboarding, educational software and digital safety.

Grades III to VII subject codes

MAT	**Mathematics (Hisabati)**
ENG	**English Language**
KISW	**Kiswahili**
SCIE	**General Science**
S/TECH	**Science & Technology**
HTM	**Historia ya Tanzania na Maadili**
G/E	**Geography & Environment**
SST	**Social Studies (Maarifa ya Jamii)**
C/M	**Civic & Moral Education**
SAC	**Sports & Arts (Sanaa na Michezo)**
V/S	**Vocational Skills (Stadi za Kazi)**
IT	**Information Technology (TEHAMA)**
FRN	**French Language (Kifaransa)**
CHN	**Chinese Language**
LIB	**Library Reading / Literacy**
DSA	**Design & Sports Activities**

Daily bell timings, Grades III to VII

Time	Activity
07:30 – 08:00	Arrival, Campus Devotion & Morning Assembly
08:10 – 10:50	Morning Instructional Block (Periods 1, 2, 3, 4)
10:50 – 11:10	Morning Tea & Snack Break (20 min)
11:10 – 01:10	Mid-Day Instructional Block (Periods 5, 6, 7)
01:10 – 02:00	Nutritious Hot Lunch & Rest Break (50 min)
02:00 – 03:20	Afternoon Block (Periods 8 & 9 / Special Co-Curricular)
03:20 – 04:00	Remedial Clinic, Cleanliness & Supervised Bus Departure